

PARENTING *with a* WISE HEART

Parenting Plans

Type of Development...		Spiritual Development
POOR EXAMPLES because these are your children's choices:		
Age:	Infant (0-12 months)	Teenager (13-19 years old)
	1. Likes praise and worship music.	1. Loves and obeys God.
	2. Enjoys teachers in church nursery.	2. Has regular quiet time with God.
GOOD EXAMPLES because these are what you as a parent plan to do:		
Age:	Infant (0-12 months)	Teenager (13-19 years old)
	1. Turn on praise and worship music at nap and bedtime.	1. Provide rides to and from church and youth group.
	2. Demonstrate taking turns	2. Continue twice monthly Table Talk family discussions
Age:	Infant (0-12 months)	Toddler (1-3 years old)
	1	1
	2	2
Age:	Pre-school (3-4 years old)	Kindergarten (5-6 years old)
	1	1
	2	2
Age:	School-Age (6-12 years old)	Teenage (13-19 years old)
	1	1
	2	2

PARENTING *with a* WISE HEART

Parenting Plans

Type of Development...		Physical Development
POOR EXAMPLES because these are your children's choices:		
Age:	Infant (0-12 months)	Teenager (13-19 years old)
	1. Learn to roll over by three months.	1. Play ball for varsity team.
	2. Learn to like all vegetables.	2. Home by curfew every night.
GOOD EXAMPLES because these are what you as a parent plan to do:		
Age:	Infant (0-12 months)	Teenager (13-19 years old)
	1. Place on tummy daily to build muscle strength.	1. Practice throwing ball so develops eye and hand coordination.
	2. Serve a variety of vegetables at each meal to expose child to different foods.	2. Provide drivers training class and practice safe driving.
Age:	Infant (0-12 months)	Toddler (1-3 years old)
	1	1
	2	2
Age:	Pre-school (3-4 years old)	Kindergarten (5-6 years old)
	1	1
	2	2
Age:	School-Age (6-12 years old)	Teenage (13-19 years old)
	1	1
	2	2

PARENTING *with a* WISE HEART

Parenting Plans

Type of Development...		Mental Development
POOR EXAMPLES because these are your children's choices:		
Age:	Infant (0-12 months)	Teenager (13-19 years old)
	1. Learns to stop when told, "No!-No!"	1. Study for the SAT test for college.
	2. Learn to like reading books.	2. Get good grades in all classes.
GOOD EXAMPLES because these are what you as a parent plan to do:		
Age:	Infant (0-12 months)	Teenager (13-19 years old)
	1. After being told, "No!-No!", if behavior still persists, the object or child will be moved.	1. Provide with SAT computer study program or preparation book.
	2. Daily book reading and listening to bedtime prayers.	2. Provide tutoring if struggling with school work.
Age:	Infant (0-12 months)	Toddler (1-3 years old)
	1	1
	2	2
Age:	Pre-school (3-4 years old)	Kindergarten (5-6 years old)
	1	1
	2	2
Age:	School-Age (6-12 years old)	Teenage (13-19 years old)
	1	1
	2	2

PARENTING *with a* WISE HEART

Parenting Plans

Type of Development...		Social/Emotional Development
POOR EXAMPLES because these are your children's choices:		
Age:	Infant (0-12 months)	Teenager (13-19 years old)
	1. Will smile when talked to.	1. Will practice healthy eating habits.
	2. Will come to parents when hurt.	2. Will communicate well with others.
GOOD EXAMPLES because these are what you as a parent plan to do:		
Age:	Infant (0-12 months)	Teenager (13-19 years old)
	1. Will talk to the child all the time so he can hear and practice language.	1. Provide healthy snacks and teach to cook.
	2. Will comfort by holding and hugging when child is hurt.	2. Provide daily opportunities to discuss what youngster is thinking and about what is being learned.
Age:	Infant (0-12 months)	Toddler (1-3 years old)
	1	1
	2	2
Age:	Pre-school (3-4 years old)	Kindergarten (5-6 years old)
	1	1
	2	2
Age:	School-Age (6-12 years old)	Teenage (13-19 years old)
	1	1
	2	2